

About the Health Co-op . . .

In 2002 a group of concerned citizens formed Community First Health Co-op to enhance and support local health care services.

The Co-op's focus is on health and wellness — keeping communities healthy.



Building Healthy Communities

Our Mission:

The mission of the Community First Health Co-operative is to enhance the health and wellness of communities, families, and individuals by providing services through a co-operative partnership of consumers and health service providers.

Invest today in a healthy
Community — Join
Community First Health Co-op

Community First Health Co-op

Incorporated February 27, 2003

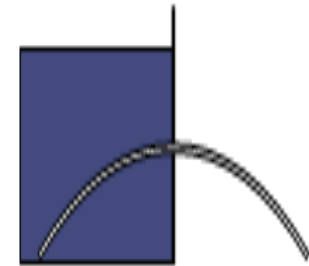
518 Lake Street

Nelson, B.C. V1L 4C6

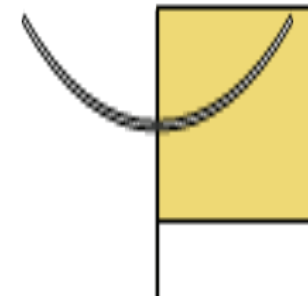
250-352-7207 (Doug Stoddart)

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Website: www.healthco-op.ca



COMMUNITY FIRST
HEALTH CO-OP



**Working to build Community-
based solutions in Health Care**

Why a Health Co-operative?

- **Community Oriented** — because we live here;
- **Locally Controlled** — community-based Board of Directors elected on the principle of “one member — one vote”;
- **Not for Profit** — profits reinvested back into health care services;
- **Practical** — provide services in partnership with consumers and health-care providers;
- **Emphasis** — on health promotion;



Building Healthy Communities

The Growth of the Co-op Future . .

The Health Co-op has come a long way since 2002. We are incorporated as a Co-operative and are focusing our efforts to ensure the health and wellness of our community.

Services that the Co-op could contribute:

- home support for community residents;
- chronic disease management and support;
- community care teams focused on vision, nutrition, hearing, speech and dental health;
- supportive living programs;
- affordable housing.
- other health and wellness initiatives.

Community First Health Co-op Wellness Centre

Traditional and alternative health practitioners are located in the Wellness Centre at 518 Lake Street, Nelson, which was purchased by the Co-op in 2006.



Membership privileges:

Opportunity to plan for a healthy community. Your membership helps create innovative solutions for wellness, housing and alternate care.

Join us, become a member:

- complete a membership form & a members *Memorandum of Understanding*
- drop it off at the Nelson & District Credit Union or mail to the address on the back;

Your membership card will be mailed to you.

Levels of Memberships available:

Regular <i>(individual or joint)</i>	(1) share	\$ 10.00
Corporate	(10) shares	\$ 100.00
Enhanced Membership \$10.00 per share <i>(purchase outright or add to basic membership)</i>		
Copper	(5) shares	\$ 50.00
Bronze	(10) shares	\$ 100.00
Silver	(20) shares	\$ 200.00
Gold	(50) shares	\$ 500.00
Platinum	(100) shares	\$1,000.00