

COMMUNITY FIRST HEALTH CO-OPERATIVE
Minutes of the 8th Annual General Meeting
Held at the Community First Health Co-op Building
June 24, 2010

WELCOME TO THE MEMBERSHIP – Chair, Doug Stoddart

1.0 REGISTRATION

2.a MEETING CALLED TO ORDER – Doug Stoddart

Doug welcomed members and guests and introduced himself and thanked all members for attending the meeting and requested that any members who wish speak stand up and identify themselves.

Doug called the meeting to order at 7:05 p.m. There were 30 members and 2 guests.

A QUORUM WAS CONFIRMED.

2.b READING OF THE NOTICE CONVENING THE AGM – Doug Stoddart

Doug advised the members that the Notice Convening the AGM was sent out as per the Governance rules.

2.c REVIEWING MEETING FORMAT – Doug Stoddart

Doug reviewed the meeting format with the membership.

3.0 APPOINTMENT OF RECORDING SECRETARY AND PARLIAMENTARIAN –

Doug appointed Sharon Stoddart as Recording Secretary and Christine McCandlish as Parliamentarian & Chief Scrutineer.

4.0 ADOPTION OF AGENDA – Doug Stoddart

MSC that the June 24, 2010 AGM agenda be adopted as circulated.

5.0 APPROVAL OF MINUTES OF LAST AGM

MSC that the AGM Minutes of the June 18, 2009 be approved as read by the Sharon Stoddart.

6.0 BOARD INTRODUCTIONS – moved to Chair Report

7.0 ELECTION OF NEW BOARD OF DIRECTORS

Deb Zeeben was elected to the board of directors by acclamation. Bob, Audrey, Joan and Doug have reached their term limits. Doug has requested that they stay involved with the board as board advisers.

Existing board members are: Sharon, Sara, Lynn, Gerri, Deb

8.0 REPORTS FROM CHAIR AND CHAIRS OF SUB-COMMITTEES

8.1 Chair Report – Doug Stoddart

An opening statement.....

“Co-operatives start up when a community need is not being met. Co-operatives start as a volunteer organization, and then grow, until they are contributing to the economy, while meeting community needs”.

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As I reflect on my past 8 year's involvement with Community First Health Co-op, I am pleased to say we have reached that point, in time, where we are contributing to the economy and we are making a difference.

On the economic front - we contributed \$61,796 to the City of Nelson in utility and property tax payments. We completed four renovation projects in the past year – Cedar Family Medicine Clinic, RX Remedy Pharmacy (Mark McBride, our guest speaker's business), this room we are in and some Common Area renovations (including painting the exterior of the building). We presently have another renovation project on the go – the Community Resource Centre. All these projects have and are being completed using local contractors and community volunteers.

A quick review of the financial statement! Am Naqvi usually gives us a report but Am is unable to join us tonight. 5 key points I want to emphasize:

- Assets grew by 7.7% during the year to reach \$1,088,036
- BC Housing provided financial support with a grant of \$18,857
- Repairs & maintenance include the cost for the "new look" Wellness Centre. How does the exterior look to the members? (note: if applause pass on to Lynn Adams).
- We brought the mortgage financing home to the Kootenays through a syndication of four local credit unions
- A break-even point has been reached for our Co-op.

I look to the very near future I see, what I believe, is the real success story for Community First Health Co-op – The Community Resource Centre on the Main Floor! The committee that is working on this project is doing an outstanding job. They are bringing "*trained volunteers from local chronic disease organizations*" together to deliver trusted information to the community on chronic health diseases. And may I add, – thanks to partners in the Wellness Centre, Columbia Basin Trust and local government who have provided capital for renovations and operational funding to the Community Resource Centre. With this kind of support every citizen in our community can benefit without having to worry about any financial means. I also want to acknowledge the community of Nanaimo that provided us with the kiosks in the Community Resource Centre free of charge. Community First Health Co-op simply had to pay to transport them to Nelson.

In the long-range planning is housing units. Community First Health Co-op continues to investigate feasibility options for downtown housing units. We are pleased to have the support of the provincial government through BC Housing grant I mentioned previously.

Last year we expanded the board from 9 to 11 board members. Unfortunately two of the board members, Gabrielle Kimler and Carol Pederson, ran into personal challenges during the year and were unable to complete their terms. This creates a need for additional board members. We are encouraging any members to come to a board meeting, see how we operate. We are serious with our commitments, but may I add, we always have fun with our commitments. I personally do enjoy my involvement with this dedicated group of volunteers. I also would encourage young people to get involved.

As my year as chair comes to a close – I need to recognize my fellow board members! As many of you know, the past 6 months have been a big challenge for me in my day-to-day job and I have not been able to provide the level of commitment, that the job, as chair, required. I was concerned because I did not understand the depth of commitment of the board members around me.

Bob Nuyens – thank you for keeping the finances on track

Gerrie Melnechuk – the year started with Gerrie organizing our strategic planning session and from there the governance of your co-op was in great hands.

Lynn Adams – you made decisions and look around us at the result – amazing!

Joan Reichardt – Joan's experience in the community will never be replaced

Audrey Mackenzie – from website work to donating a computer. Thanks.

Sharon Browning – every time I turned around I was able to read positive thoughts on our co-op in the media. Fantastic job of communicating with the community!

Sara Popoff – new to the Board and jumped right into the committee work.

Brian Levin – always here to meet the tenants needs. Always here to meet the contractors. Always providing great synergies to the building.

Deb Zeeben – from grant applications to organizing committee work to hauling gravel and just plain being a worker.....wow...what a volunteer!

Sharon – making sure the minutes were organized

Bob, Audrey, Joan and myself have reached their term limit and can no longer be board members. Bob, Audrey, and Joan I hope you will remain with Community First Health Co-op as Special Advisors. Your knowledge is very valuable and we encourage you to continue to share it with us.

In closing, this volunteer organization is growing. A simple thank-you is all these volunteers really get and it is all they ask for. So I say thank-you to all the volunteers – from the Board of Directors, Special Advisors, Committee members and others who have made this co-operative dream a possibility. THANK YOU!

- 8.a Finance** – Am Naqvi, CA has sent his regrets, Doug Stoddart reported on the financial status in Am's absence.

Doug is advised that the mortgage has been moved from Vancouver to a local syndicated mortgage. CFHC is at a breakeven point with storage spaces available to rent to generate future revenue.

MSC that the March 31, 2010 Financial Statements be approved as presented.

MSC that the accounting firm of Berg Naqvi Lehman be appointed as the accountant for 2010 – 2011 subject to Board approval of remuneration to be paid.

- 8.b Community Resource Centre**

Deb introduced Linda Hoskins and thanked Linda and other community partners such as Columbia Basin Trust and the Regional District Areas E & F for the support they provided in setting up the resource centre.

Linda advised that she appreciates the co-op for its store front and all of their efforts in providing community support.

- 8.c Housing committee** – Lynn Adams

Lynn reported that a housing project in partnership with the City of Nelson has had architectural work done and is still a project that is in progress.

Doug reported that there is no mortgage on the vacant land next door to the co-op building and the property is earmarked for housing in support of a future project.

MSC that all committee reports be accepted as reported.

- 9. Special Resolution / Goodwill** –

Lynn thanked husband Bob for gardening at the building

- 10. GUEST SPEAKERS** – Doug introduced Mark McBride of Remedies Pharmacy.

Doug introduced Mark and welcomed him. Mark spoke about his history, education, his work in several hospitals and the shift in his prospective over the years. The Remedies

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store on Baker Street is the first store in the Remedies chain and there are now over 250 stores in the chain. Supports integrated care and complementary medicine for better patient care.

11. QUESTION & ANSWER PERIOD,

Next board meeting - July 5th 4:45 at the Health Co-op.

12. MOTION to adjourn at 8:25 pm.

_____ Doug Stoddart, Chair _____ Sharon Stoddart, Secretary