

Partners of Community First Health Co-op Wellness Centre, 518 Lake St., Nelson, B.C., V1L 4C6

Acupuncture & Natural Health Clinic (Suite 101)

250-352-2167

www.anhc.ca

shauna@anhc.ca

Shauna Robertson, RTCMP

(Registered Traditional Chinese Medicine Practitioner)

Valerie Nunes, Registered Massage Therapist

Maggie Marsh, Registered Massage Therapist

Providing Acupuncture, Chinese & Herbal Medicine, Massage Therapy, and Herbal Dispensary

BladeRunners (Suite 112)

250-352-7449, 250-354-9305(cell)

Bernadette Freno, Co-ordinator

bklbr@gmail.com

Providing life skills, job training service, and employment opportunities for at-risk youth

"Community focused, participant driven"

Cedar Family Medicine Clinic (Suite 203)

250-354-4414; 250-354-1912 (fax)

Dr. **Jeanette Boyd**

Dr. **Martha Wilson**

Dr. **Rodica Janz**

Dr. **Lisa Sawyer**

Hours: 9-4:30 pm - Dependent on doctor availability; Closed for lunch - 12 noon to 1 pm

Childcare Resource and Referral Centre (Suite 001)

250-352-0407

Aanyta Fahrenbruch, Co-ordinator, Outreach Consultant (West Kootenay

aanytaf@kootenaykids.ca

Samantha Zaystoff, Program Assistant

Region)

samanthaz@kootenaykids.ca

Mary Walters (Interior Region)

maryw@kootenaykids.ca

Hours: Monday - Noon-4 pm; Tuesday-Thursday - 9-4 pm

Providing education, resources, equipment & toys to child care providers and parents.

Our outreach services reach far and wide from Nakusp to Salmo, Kaslo, and Crawford Bay.

We serve as a referral service for childcare for parents and we provide childcare subsidy support.

Community Chiropractic Clinic (Suite 205)

250-352-1322; 250-352-1319 (fax)

mckenziechiropractic@telus.net

Dr. **Kevin McKenzie** DC

Hours: Monday - 8-5:00 pm; Wednesday - 1-8 pm; Friday - 8-5:30 pm

Dr. **Steve Forte** DC

Hours: Tuesday & Thursday - 9-12:00 noon & 3-6 pm; Saturday - 9-12:00 noon

Sem Kelpin, Registered Massage Therapist (Mon, Wed, Fri)

Community First Medical Clinic (Suite 105)

250-352-5259; 250-352-0323(fax)

Alice Kailia, Office Manager

office@firstmedical.ca

Dr. **Joel Kailia** - Family Medicine, Chronic Pain, Addiction, Outreach

Dr. **Andrew Murray**- Family Medicine, Hospital Chief of Staff

Dr. **Yasmin Garcia**, Family Medicine

Hours: Monday-Thursday - 8:30-5:30 pm; Friday - 9:00 - 5:00 pm

Community First Pharmacy (Reception Area)

250-352-1128; 250-352-1124 (fax)

Trevor Sawchuck RPh. and **Chelsie Taylor** RPh.

healthcoop.remedys@gmail.com

Hours: Monday-Friday - 9-5 pm; Closed for Lunch - 12 noon-12:30 pm

Providing pharmacy services, drug information, medication review, compliance packaging, and medication delivery

Community Health Resource Centre (Suite 104)

volunteerCHRC@telus.net

Lora Whitney, Volunteer Co-ordinator, Resource Centre

250-354-0396

ALS (Lou Gehrig's Disease) Society of B.C. - **Bette-Lou Askew**

250-825-0020

Alzheimer Society of B.C. - **Linda Hoskin**

250-352-6788 & 1-877-452-6788

Arthritis Association - **Trudy Battaglio & Danielle Beaulieu**

1-866-352-3997 (Kelowna) & 250-352-1983

Brain Injury Association (West Kootenay) - **Gayle Buchner**

250-304-1259

B.C. Lung Association - **Michael Jessen**

1-250-229-5632 (Balfour)

Canadian Cancer Society - Breast Cancer Support - **Alice Strand**

250-352-6223

Canadian Cancer Society (B.C./Yukon) - **Robyn Graham**

1-800-656-6426 (Cranbrook)

Community First Health Co-op - **Debby Zeeben**

250-825-9560

Friends of Nelson Elders - **Betty Craig**

250-352-7153

Heart & Stroke Foundation - **Linda Henderson & Nancy Liknes**

250-352-2362 & 250-505-5342

Kidney Foundation of Canada (B.C. Region) - **Sarah Popoff**

250-352-3255

MS Society of Canada (B.C./Yukon) - **Lonnie Facchina/Dan Carlson**

1-250-229-4994 (Balfour) & 250-352-9344

Overeaters Anonymous - **Christine**

250-505-4277

(Associated with Alcoholics and Narcotics Anonymous)

Parkinson Society of B.C. - **Kathy Van der Star & Irene Wright**

1-250-718-7118 (Oyama) & 250-352-3128

Seniors Co-ordinating Society - **Joan Reichardt**

250-352-6008

Groups providing education and support for various chronic issues and seniors' care

Kootenay Kids Physiotherapy and Occupational

250-505-1171

Therapy (Suite 102)

Maria Morley

mariam@kootenaykids.ca

Laura Munoz

lauram@kootenaykids.ca

Nelson Community Services Centre (Suite 201)

250-352-3504 ; 250-352-3750 (fax)

Pat Hendrickson, Secretary/Receptionist (Ext. 221)

ncsc_pat@netidea.com

Lena Horswill, Executive Director (Ext. 223)

ncsc@netidea.com

Family Support Services Agency - individual, couple, and family counselling; youth services; and transition house

OPTM Athletic Therapy (Suite 103)

250-551-6786

Shauna Leduc CAT(C) (Certified Athletic Therapist and

OPTMlife.com

Gait Specialist)

shauna@optmlife.com

Selkirk College Community Nursing Outreach

250-352-1360

Nicole Brown

nbrown@selkirk.ca

Closed on Statutory Holidays

Selkirk Nursing Program - Service Learning Projects

This document was created with Win2PDF available at <http://www.win2pdf.com>.
The unregistered version of Win2PDF is for evaluation or non-commercial use only.
This page will not be added after purchasing Win2PDF.